

Rubric: Final reflection (100 pts)

After accumulating 350 internship hours at a health-related agency, students will submit a **minimum** two-page summary (not to exceed three pages) of their internship experience. Provide your information and the internship site information on the title page. Address and answer each of the following “examination” questions. (Answering the questions will more than fulfill your need for writing two pages.) (These questions were modified from Patti Clayton’s DEAL [Describe, Examine, Articulate Learning] Model.)

Internship and student information (typed on title page) (10 pts)

Name of student, course, university, date

Name and address of internship site

Mission of internship site (can be copied—and cited—from a website, brochure, or manual)

Name and contact information for supervisor (both telephone and email address)

Examine: Academic Enhancement (12 pts)

- What specific academic material (from your education) did you find relevant to this experience? **(Provide at least two examples.)** Explain the concept, theory, etc. clearly and concisely so that someone unfamiliar with it could understand. How did the material emerge in the experience (when did I or someone else use it or note its absence)?
- What academic skills did I use? Should I have used (e.g., disciplinary, intellectual, professional)?
- What academic skills do you feel need to be addressed in the college curriculum that would have better prepared you for this experience?

Examine: Personal Growth (12 pts)

- What assumptions or expectations did I bring to the situation? How did they affect what I did or didn’t think, feel, decide, or do?
- How did this experience make me **feel**? Why?
- How did the internship experience help me to better understand the organization’s vision, mission, and strategies?

Examine: Professional Growth (12 pts)

- What new skills did I learn that were relevant to a corporate or professional environment?
- What experiences did I have that reiterated (or turned me off) on my choice of a health related career?
- What experiences were relevant in helping me make choices about future jobs, areas of specialization, or further study?
- What roles, responsibilities, and/or duties did I engage in that made me feel like I was a professional in the health sciences field?

Articulate Learning (14 pts)

- “I learned that” ... Express an important learning concept, not a statement of fact and not only in the context of the internship worksite
- “I learned this when” . . . **Connect** the learning **to specific activities** that gave rise to your learning

- “This learning matters because” . . . Consider how the learning has a value, in this situation and in broader terms
- “In light of this learning, I will” . . . **Set two specific, assessable goals** you would like to achieve based on the learning that took place during the summer internship; consider the benefits and challenges involved

Evidence of Critical Thinking (25 pts)

Overall subjective review of the depth and thoroughness of the reflection. Students should show evidence of critical thinking, examination of the internship experience, and how the internship relates to the collegiate experience and future employment.

Paper format (15 pts)

- Contains a title page **and** a minimum of two typed explanatory pages (not to exceed three pages)
- Double spaced, 12 point type Times Roman or Calibri
- One inch margins top, bottom, and both sides
- Written without bullet points
- Uses appropriate sentence structure, grammar, and spelling
- No manual or imbedded extra spaces between paragraphs (Under “paragraph” on the format page, make sure “Don’t add space between paragraphs of the same style” is checked and that your “before” and “after” paragraph spacing is set to zero. See below.)

